

SPORT FACILITIES IN THIS AREA:

This part of the Italian Riviera offers a wide choice of sport facilities. There are 2 important Golf Courses. The first is situated in Rapallo; it has 18 holes and can be used throughout the year. The second is The Ulivi Golf Course located in San Remo. Both offer a competition course as well as an easy one for beginners.

Rapallo has a mini-golf court, which is composed of 2 different runs..

There are several tennis clubs in the area, many swimming pools and sea sport facilities.

For those of you who enjoy riding there are several manege and riding school.

- 18- hole Golf course in Rapallo. It is the oldest one in Italy. It is closed to the motorway exit.
- Diving immersions in the surrounding areas.
- Water skiing
- Windsurf-Catamaran in Paraggi. Riding the waves
- Sailing. Live the sea -life fully in the captains seat
- Horse riding
- Miniature Golf in Rapallo. Inside the attractive "Parco Casale"
- Tennis courts. Compressed ground court or synthetic grass lawn.
- Mini soccer
- Outdoor and indoor swimming pools
- Trekking: Monte di Portofino, Cinque Terre and Inland to discover places where nature is still unspoilt in evocative and characteristic surroundings.
- Jogging: along the sea shore or on the hill.
- Billiards